

In November

Task of the Month

**Lower thermostat
by at least**

2° during the day

4° overnight

Be sure to turn down the thermostat before you leave for the day!

You can save 2% on your heating bills for each 2° you turn down your thermostat for 8 hours per day or night.



Installing a **programmable thermostat**

is an easy way to save energy and money. It allows you to set your home's temperature for different times of day, and different days of the week.

Unsure how much to change your thermostat?

When home, start with a 1°F change, take time to adjust, then try a 2nd degree lower, then a 3rd degree lower!

Often home alone?

Just heat the rooms you spend time in, wear layers, drink warm beverages, move around frequently or use a blanket on your lap when sitting for long periods.



For more information, especially if you have a **heat pump, electric resistance heating, steam heat, or radiant floor heating**, see: <http://energy.gov/energysaver/articles/thermostats>



Earth Care Bloomington

For more suggestions and PDFs of the posters visit:

<http://www.earthcareindiana.org/>

Questions: contact@earthcareindiana.org